



UNWRAPPING THE GIFT OF AGING WELL



Cathleen Toomey
SENIORITY AUTHORITY Host

New Hampshire PBS local series SENIORITY AUTHORITY, has another cultural relic for you to give up—negative attitudes on aging. In a recent conversation, Toomey summed it up plainly: “You are *lucky* if you are aging!”

“Ageism is baked into our culture,” she said. “It’s in how we have conversations and how we represent ourselves. And the truth is that we have it all wrong.” With life expectancies extending into the eighties and nineties, Toomey thinks that taboos around age are past their prime. “It’s like saying the eight-track tape is still viable. This ageism is outmoded, but people haven’t picked up on that yet.”

For Toomey, this realization came when she began working at RiverWoods Group, a non-profit continuing care community. Up to that point, she had had few role models for what being an older adult might look like. “All but one of my grandparents died before I was born, so I had limited awareness.”

Yet, when she got to RiverWoods, the community that greeted her defied expectations. “I met these residents who were incredible. They were lively and involved and interested in how Riverwoods operated,” she shared. She met one resident, Nancy Alcock-Hood, who, after a career as a globetrotting biochemist, fell in love and married for the first time at 84. “She had all of these adventures, but when the time for meeting someone special came up, her heart was totally open.”

As Toomey’s horizons were broadening, her role at Riverwoods meant she became the go-to guru for friends and family’s questions about health and aging. “One of

my best friends there was head of nursing, so I would ask her their questions,” Toomey recalled with a laugh. “She’d tell me the answer, I’d call the friend back.”

Toomey realized that if her social circle had these questions, other people had them too. With that in mind, the *Seniority Authority* podcast was born, with the goal of helping people of all ages get smarter about getting older. Each episode featured actionable steps listeners can take to prepare for their futures.

“People don’t plan ahead,” Toomey pointed out. “Really, really smart people that plan to buy a home, educate their children, take vacations...something happens to them when they get to be 70 or 75. They just shut down.”

Now, with the premiere of SENIORITY AUTHORITY as a television series, Toomey and the show’s producer, Kathleen Young, want to do even more to shed light on aging well—not just for senior citizens but also for their children. Toomey said they’re asking how these messages play out in real life. “We’re going out into the field and talking to people.”

Putting this effort into stories on aging isn’t something Toomey thinks she’d be able to do anywhere but PBS. “I think this happened at NHPBS because people are focused on education and learning,” she said. “I can’t see any other channel taking the time, investing the resources”. Even with this passion, local productions aren’t possible without funding. SENIORITY AUTHORITY only became a reality once major funder Road Scholar stepped up to sponsor the series.

For Toomey’s part, she’s thrilled to be able to share the lessons she’s learned with a wider audience. “I like to say that ‘aging is a gift not everyone gets to unwrap.’” And Toomey knows there’s a lot of life to be lived in our later years. “If you are here, there’s more the world needs from you!”

SENIORITY AUTHORITY premieres on Monday, September 8th at 7:30 PM on NHPBS. Episodes will also be available to stream free on the PBS App and at nhpbs.org/seniorityauthority.

NHPBS PRIMETIME PICKS



Seniority Authority

MON Sep 8 | 7:30 PM NHPBS

Get smarter about growing older with Cathleen Toomey, as she talks to experts on everything from right-sizing your home to continuing education to dementia care. She'll also explore how every day people are navigating challenges and opportunities of aging well.



Becoming Thurgood: America's Social Architect

TUE Sep 9 | 10 PM NHPBS

Explore the life and legacy of the nation's first African American Supreme Court justice. Follow Justice Marshall, known as "Mr. Civil Rights," from his legal career with the NAACP to his 1967 appointment to the nation's highest court.



Big Cats 24/7 Season 2

WED Sep 10 | 8 PM NHPBS

Return to Botswana's Okavango Delta to follow the extraordinary lives of lions, leopards and cheetahs. Filming day and night in the heart of the wilderness, an elite team of filmmakers reveals new insights from the secret world of wild big cats.



Sacred Planet with Gulnaz Khan

WED Sep 10 | 10 PM NHPBS

Examine the impact of climate change on sacred places around the world with journalist Gulnaz Khan. Meet faith leaders drawing on ancient wisdom and spiritual resilience to confront the crisis with hope and action in this powerful four-part series.



NOVA: Human

WED Sep 17 | 9 PM NHPBS

Around 300,000 years ago, *Homo sapiens* was one of at least seven human species alive at the time. Now, we are the only remaining human species, and our impact on the planet is undeniable. HUMAN investigates how this happened and how we came to be.



American Experience: Hard Hat Riot

TUE Sep 30 | 9 PM NHPBS

Revisit New York in 1970, when students protesting against the Vietnam War violently clashed with construction workers, ushering in a new political and cultural divide that would redefine the American political landscape.

NOW MORE THAN EVER



Peter Frid | President & CEO

Dear Friends,

In the wake of the decision to claw back previously appropriated federal funding for public media, New Hampshire PBS is relying on your support as we enter a new era.

While this wasn't the result we wanted, we're deeply grateful for the support you've already shown us. Your belief in our mission is why those of us in public media are saying we're "defunded but not defeated."

For NHPBS, this sudden withdrawal of federal funds means we need to make up a \$1.3 million shortfall, or 18% of our annual budget. **There's no way around it—a loss of this size is going to have an impact on the programming you see on air and the services we're able to provide to our community.**

But the generosity of our members has always been what makes NHPBS a strong and effective part of the Granite State—and we're counting on you to take action.

Now more than ever, it is urgent that you make the most generous contribution you can to help safeguard the future of NHPBS. **If you can make the switch to monthly giving as a sustainer, you'll do even more to shore up key funding for all that NHPBS delivers.**

Your donation keeps our trusted PBS Kids shows accessible to all. Remarkably, PBS Kids programming is proven to make children more school ready, which means your gift gives students a secure foundation on which to grow.

Your investment means we can provide inspiration with documentaries like Ken Burns' upcoming series THE AMERICAN REVOLUTION, providing a history lesson like no other as we prepare to celebrate the 250th anniversary of our nation's founding.

Your partnership means that news programming like PBS NEWS HOUR, THE STATE WE'RE IN and FRONTLINE can continue keeping the public informed, with the in-depth news coverage and conversations that keep democracy strong.

To keep these essential services available, I'm asking you to consider this: Can you make a sustaining gift of \$100 a month to NHPBS? Or increase your current donation?

Whatever the amount, you will be making a gift with impact. Now more than ever, I am proud to stand with our NHPBS members in support of our community and our values.

Please visit nhpbs.org/donatenow and give as generously as you can.

With gratitude,

Peter Frid

P.S. When you make plans for donations for the next 3 to 5 years, you help sustain the long-term resiliency of NHPBS. Contact membership@nhpbs.org to learn more.



5 CHANNEL SPOTLIGHT



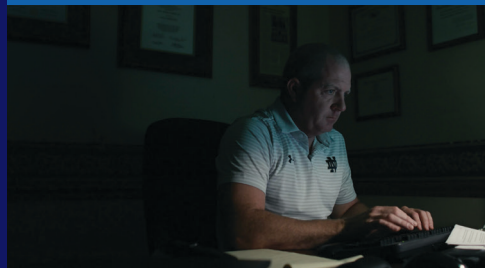
AMERICA'S TEST KITCHEN – NEW SEASON
SAT Sep 20 | 12 PM NHPBS



THE BROKENWOOD MYSTERIES
THU Sep 11 | 10 PM EXPLORE



JOSEPH ROSENDO'S STEPPIN' OUT
THU Sep 18 | 5:30 PM CREATE



POV: THE BITTER PILL
WED Sep 24 | 7:30 PM WORLD



WEATHER HUNTERS
MON Sep 8 | 4:30 PM NHPBS KIDS

NH PBS SEPTEMBER 2025 PROGRAM SCHEDULE

	6:30 PM	7:00 PM	7:30 PM	8:00 PM	8:30 PM	9:00 PM	9:30 PM	10:00 PM	
Mon. 9/1	PBS News Hour*	Weekends with Yankee	Rick Steves' Europe	Antiques Roadshow		Antiques Roadshow		P.O.V.** Driver	
Tue. 9/2	PBS News Hour*	Weekends with Yankee	People of the North	American Experience**					
Wed. 9/3	PBS News Hour*	Weekends with Yankee	Borealis	Nature Soul of the Ocean		NOVA Decoding Da Vinci		Secrets of the Dead** Hidden in the Amazon	
Thu. 9/4	PBS News Hour*	Weekends with Yankee	Weekends with Yankee	Windows to the Wild Hikes North of the Whites	Granite State Challenge	Joanne Shaw Taylor Live			
Fri. 9/5	PBS News Hour*	Weekends with Yankee	Rick Steves' Europe	Washington Week with the Atlantic	Firing Line with Margaret Hoover	Prohibition**			
Sat. 9/6	To Dine for with Kate Sullivan	Ms. Fisher's Modern Murder Mysteries		Father Brown		Sister Boniface Mysteries		The Brokenwood Mysteries**	
Sun. 9/7	PBS Arts Talk Misty Copeland with Nathaniel Mary Quinn	Sanditon On Masterpiece		Professor T (UK)		The Marlow Murder Club On Masterpiece		Unforgotten On Masterpiece**	
Mon. 9/8	PBS News Hour*	Weekends with Yankee	Seniority Authority Right-Sizing	Antiques Roadshow		Antiques Roadshow		P.O.V.** The Age of Water	
Tue. 9/9	PBS News Hour*	Weekends with Yankee	People of the North	American Experience FDR: Part 1					Becoming Thurgood: America's Social Architect**
Wed. 9/10	PBS News Hour*	Weekends with Yankee	Borealis	Big Cats 24/7					Sacred Planet with Gulnaz Khan**
Thu. 9/11	PBS News Hour*	Weekends with Yankee	Weekends with Yankee	Windows to the Wild Daily Hike of Monadnock	Seniority Authority Right-Sizing	Celtic Woman 20th Anniversary Concert**			
Fri. 9/12	PBS News Hour*	Weekends with Yankee	Rick Steves' Europe	Washington Week with the Atlantic	Firing Line with Margaret Hoover	Prohibition**			
Sat. 9/13	To Dine for with Kate Sullivan	Ms. Fisher's Modern Murder Mysteries		Father Brown		Sister Boniface Mysteries		The Brokenwood Mysteries**	
Sun. 9/14	Seniority Authority Right-Sizing	Patience		Professor T (UK)		The Marlow Murder Club On Masterpiece		Unforgotten On Masterpiece**	
Mon. 9/15	PBS News Hour*	Weekends with Yankee	Seniority Authority Rethinking Aging	Antiques Roadshow		Trans-Siberian Orchestra: Ghosts of Christmas Eve		The Fab Four: The Ultimate Beatles Tribute**	
Tue. 9/16	PBS News Hour*	Weekends with Yankee	People of the North	American Experience FDR: Part 2					
Wed. 9/17	PBS News Hour*	Weekends with Yankee	Borealis	Big Cats 24/7		NOVA Human: Origins		Sacred Planet with Gulnaz Khan**	
Thu. 9/18	PBS News Hour*	Weekends with Yankee	Weekends with Yankee	Windows to the Wild Scenic Railriders	Seniority Authority Rethinking Aging	The Fab Four: The Ultimate Beatles Tribute		Trans-Siberian Orchestra: Ghosts of Christmas Eve**	
Fri. 9/19	PBS News Hour*	Weekends with Yankee	Rick Steves' Europe	Washington Week with the Atlantic	Firing Line with Margaret Hoover	Prohibition**			
Sat. 9/20	To Dine for with Kate Sullivan	Miss Fisher's Murder Mysteries		Father Brown		Sister Boniface Mysteries		The Brokenwood Mysteries**	
Sun. 9/21	Seniority Authority Rethinking Aging	Patience		Professor T (UK)		The Marlow Murder Club On Masterpiece		Unforgotten On Masterpiece**	
Mon. 9/22	PBS News Hour*	Weekends with Yankee	Seniority Authority The Power of Purpose	Antiques Roadshow		Antiques Roadshow		P.O.V.** The Bitter Pill	
Tue. 9/23	PBS News Hour*	Weekends with Yankee	People of the North	Finding Your Roots Mexican Roots		Harriet Tubman: Visions of Freedom		Frontline** Hurricane Helene's Deadly Warning	
Wed. 9/24	PBS News Hour*	Weekends with Yankee	Borealis	Big Cats 24/7		NOVA Human: Journeys		Sacred Planet with Gulnaz Khan**	
Thu. 9/25	PBS News Hour*	Weekends with Yankee	Weekends with Yankee	Windows to the Wild Hiking Back In Time with Tom Ryan	Seniority Authority The Power of Purpose	Cooking with Legends: Lidia Bastianich & Jacques Pepin			
Fri. 9/26	PBS News Hour*	Weekends with Yankee	Rick Steves' Europe	Washington Week with the Atlantic	Firing Line with Margaret Hoover	38th Hispanic Heritage Awards		VOICES: OMARA - CUBA'S LEGENDARY DIVA**	
Sat. 9/27	To Dine for with Kate Sullivan	Miss Fisher's Murder Mysteries		Father Brown		Sister Boniface Mysteries		The Brokenwood Mysteries**	
Sun. 9/28	Seniority Authority The Power of Purpose	Patience		Professor T (UK)		The Marlow Murder Club On Masterpiece		Unforgotten On Masterpiece**	
Mon. 9/29	PBS News Hour*	Weekends with Yankee	Seniority Authority Think Strong, Age Strong	Antiques Roadshow		Antiques Roadshow		P.O.V.** Porcelain War	
Tue. 9/30	PBS News Hour*	Weekends with Yankee	People of the North	Finding Your Roots Latin Roots		American Experience Hard Hat Riot			

Please Note: Programs on NHPBS begin before 6:30 PM when marked *. Programs end at 10:30 PM unless marked **
This program schedule is subject to change. Go to nhpbs.org/schedule for the most up-to-date listing of programs.

Watch online anytime at nhpbs.org | video.nhpbs.org

	6:30 PM	7:00 PM	7:30 PM	8:00 PM	8:30 PM	9:00 PM	9:30 PM	10:00 PM
Mon. 9/1	Samantha Brown's Places to Love	PBS News Hour		Midsomer Murders		Midsomer Murders	Ms. Fisher's Modern Murder Mysteries	
Tue. 9/2	Samantha Brown's Places to Love	PBS News Hour		The Marlow Murder Club On Masterpiece		Unforgotten On Masterpiece		World On Fire On Masterpiece**
Wed. 9/3	Samantha Brown's Places to Love	PBS News Hour		Death In Paradise		Professor T (UK)		Grantchester On Masterpiece**
Thu. 9/4	Samantha Brown's Places to Love	PBS News Hour		Father Brown		Sister Boniface Mysteries		Nolly On Masterpiece**
Fri. 9/5	Samantha Brown's Places to Love	PBS News Hour		Finding Your Roots Fighters		Muhammad Ali**		
Sat. 9/6	The Lawrence Welk Show*	Finding Your Roots Fighters		Joanne Shaw Taylor Live			Rick Steves' Festive Europe	Our House**
Sun. 9/7	Antiques Roadshow*	Nature Soul of the Ocean		NOVA Decoding Da Vinci		Ancient Invisible Cities Istanbul		Secrets of the Dead** Hidden in the Amazon
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Sat. 9/13	The Lawrence Welk Show*	Finding Your Roots Watchmen		Celtic Woman 20th Anniversary Concert				Our House**
Sun. 9/14	Antiques Roadshow*	Big Cats 24/7				Earth's Sacred Wonders		Sacred Planet with Gulnaz Khan**
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Tue. 9/16	Samantha Brown's Places to Love	PBS News Hour		The Marlow Murder Club On Masterpiece		Unforgotten On Masterpiece		World On Fire On Masterpiece**
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Thu. 9/18	Samantha Brown's Places to Love	PBS News Hour		Father Brown		Sister Boniface Mysteries		The Brokenwood Mysteries
Fri. 9/19	Samantha Brown's Places to Love	PBS News Hour		Finding Your Roots Forgotten Journeys		American Masters A Song for Cesar		
Sat. 9/20	The Lawrence Welk Show*	Finding Your Roots Forgotten Journeys		Trans-Siberian Orchestra: Ghosts of Christmas Eve		The Fab Four: The Ultimate Beatles Tribute		Our House**
Sun. 9/21	Antiques Roadshow*	Big Cats 24/7		NOVA Human: Origins		Earth's Sacred Wonders		Sacred Planet with Gulnaz Khan**
Mon. 9/22	Samantha Brown's Places to Love	PBS News Hour		Midsomer Murders		Midsomer Murders	Miss Fisher's Murder Mysteries	
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Thu. 9/25	Samantha Brown's Places to Love	PBS News Hour		Father Brown		Sister Boniface Mysteries		The Brokenwood Mysteries
Fri. 9/26	Samantha Brown's Places to Love	PBS News Hour		Finding Your Roots Mexican Roots		American Masters** Rita Moreno: Just A Girl Who Decided to Go for It		
Sat. 9/27	The Lawrence Welk Show*	Finding Your Roots Mexican Roots		Cooking with Legends: Lidia Bastianich & Jacques Pepin			Rick Steves' Tasty Europe	Trans-Siberian Orchestra: Ghosts of Christmas Eve**
Sun. 9/28	Antiques Roadshow*	Big Cats 24/7		NOVA Human: Journeys		Earth's Sacred Wonders		Sacred Planet with Gulnaz Khan**
Mon. 9/29	Samantha Brown's Places to Love	PBS News Hour		Midsomer Murders			Miss Fisher's Murder Mysteries	
Tue. 9/30	Samantha Brown's Places to Love	PBS News Hour		The Marlow Murder Club On Masterpiece		Unforgotten On Masterpiece		World On Fire On Masterpiece**

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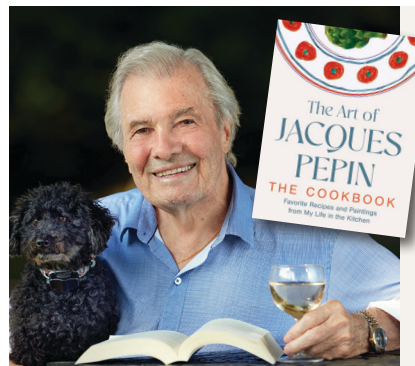
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Celebrate Jacques Pépin!

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Join Jacques online, get your
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SEP 2025

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**SENIORITY
AUTHORITY**



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